

Title:

## **Religion as part of spirituality in old age – a Norwegian study.**

The study is part of a PhD-project titled The spiritual space as foundation for dignity at Åbo Akademy University, Vasa, Finland

Author:

**Linda Rykkje, RN, Cand.san<sup>1</sup>**

### **Focus:**

The workshop/presentation should focus on clinical and practical aspects of spiritual care in the health professions. A workshop/presentation will take 1 hour.

### **Invitation:**

Invited are: health care professionals/practitioners, educator, researcher. Students are especially invited to send in an abstract.

### **Content:**

*Aim(s) of the workshop/presentation:* present results regarding religion as part of spirituality from an interview study of 17 elderly

*Summary of the content of the workshop/presentation:* A presentation of how religious beliefs are understood and practiced in old age, and old persons expectations of caring that encompasses the spiritual/religious dimension.

The focus of this ongoing research is describing and understanding the influence of Christianity from the experiences of elderly people. The importance of religion as a personal dimension in old age will be portrayed looking through the lenses of inhabitants from the Norwegian West coast. There will also be focus on what the participants expected or wanted from nursing personnel (and students) regarding religious and spiritual care.

---

<sup>1</sup> Supervisors are Prof. Katie Eriksson (Åbo Akademi University) and Prof. Maj-Britt Råholm (Sogn og Fjordane University College). Åbo Akademi University, Department of Caring Science and Stord/Haugesund University College, Department of nursing, and Sogn og Fjordane University College, Faculty of Health Sciences, Norway, [linda.rykkje@hsh.no](mailto:linda.rykkje@hsh.no). Supervisors are Prof. Katie Eriksson (Åbo Akademi University) and Prof. Maj-Britt Råholm (Sogn og Fjordane University College).